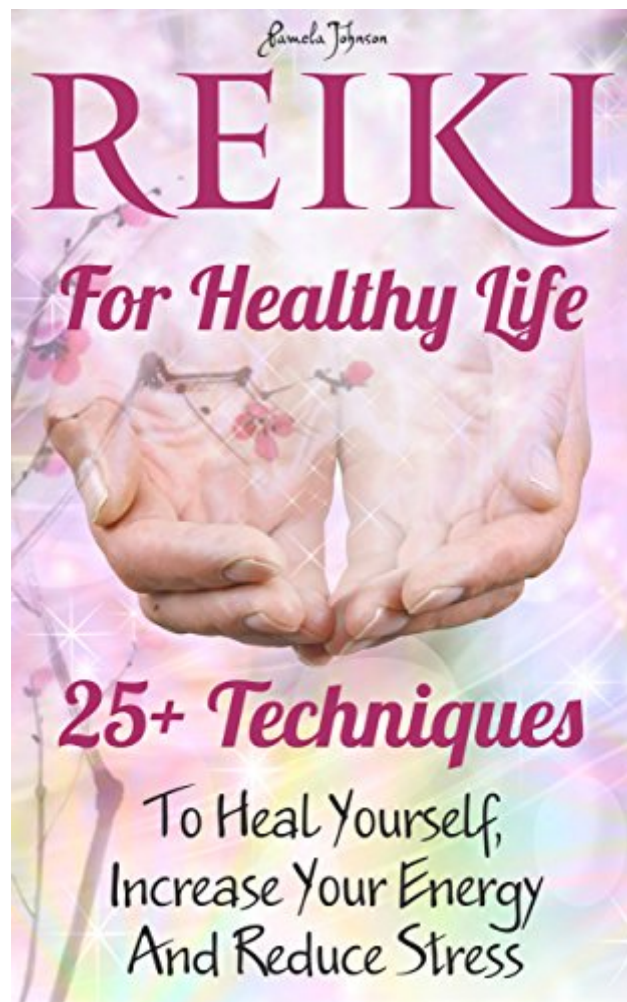


The book was found

Reiki For Healthy Life: 25+ Techniques To Heal Yourself, Increase Your Energy And Reduce Stress: (Reiki For Beginners, Reiki Healing, Reiki Symbols, Reiki ... And Relaxation, Reiki Techniques Book 1)





Synopsis

Reiki For Healthy Life 25+ Techniques To Heal Yourself, Increase Your Energy And Reduce Stress This book will guide you through what is known as "Reiki" • a form of science of healing known to humanity for thousands of years. There have been a number of streams created to transmit the teachings as in the beginnings it was writing and recording were not common practice. Instead people would remember the teachings and then pass them on in the same way, thus many streams of Reiki teachings were developed over time. There are many branches of Reiki teachings today but the two major branches are: Traditional Japanese Reiki, and Western Reiki. You will be introduced into the world of Reiki, learning what it is all about by introducing you to it at a beginners level. It was said that those that first used Reiki were Tibetan Buddhist monks, then it was rediscovered by Japanese Buddhist, Dr. Mikao Usui who offered the world this wonderful scientific art of healing to humanity in the late 1800's. This will certainly be an interesting and positive learning experience for you it will open a door to another option from a scientific angle, beyond any faith or belief it is about re-establishing the lost harmony and balance in the system. Why not open your mind and learn about this ancient art of healing, you will gain new insight that you probably didn't have before reading this book. I myself find it exciting and fun to learn about new things and outlooks in life and Reiki is certainly a unique and interesting topic to research and learn the basics of tapping into this healing energy within our bodies. Through learning Reiki you can learn how to transform your life for the better, you can establish a direct connection with the divine power of healing energy. Reiki is practiced by millions of people all over the world looking for a way to channel divine healing and love. If you are interested in learning more about the practice of Reiki and the benefits of healing that you can gain from it then you should read this guide book that will teach you Reiki at a beginners level. Download your E book "Reiki For Healthy Life: 25+ Techniques To Heal Yourself, Increase Your Energy And Reduce Stress" by scrolling up and clicking "Buy Now with 1-Click" button! Tags: reiki books, reiki for beginners, reiki life, reiki for dummies, reiki techniques, reiki treatment, reiki healing, reiki meditation, reiki seven chakras, reiki the beginner's guide, learn reiki, increase Energy, improve health, reiki secrets, reiki guide, the power of reiki, how to treat yourself, how to heal yourself, how to be healthy, stress reduction, relaxation, Mental and Spiritual Healing, religion, Shintoism, Sikhism,

Book Information

File Size: 1757 KB

Print Length: 28 pages

Simultaneous Device Usage: Unlimited

Publication Date: May 19, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B00XYS95CO

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #343,844 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #16

inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > Earth-Based Religions > Shintoism

#19 inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Sikhism #34 inÂ Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Shintoism

Customer Reviews

I am so glad I got this book. I have always been intrigued on learning the art of Reiki. Some books out there are hard to understand, or they don't have enough substance in the book that your feel cheated. NOT IN THIS BOOK! Pamela Johnson writes in a manner that is completely easy to understand and makes the learning process fun. What is great is that you feel like she is right there in the room with you explaining the process to you. She has a natural talent of explaining the techniques and I felt like she answered all my questions I had. In Chapter 3, just as an example, Pamela explains the process of the "Self Reiki" process which, I didn't know how to do it until she explained it to me. Then she followed it up with a diagram which made it even easier to understand. If your thinking about exploring the wonderful benefits of healing yourself and healing others, this is your book. With the 25 techniques in this book, I now feel very confident that I can do this, and I have to thank her for putting all this information in such a easy format. Great job Pamela, and I will definitely be on the outlook for further works from her. Get this book now, you'll be glad you did!

These techniques to heal yourself are great, there are many tips that can follow, I want to thank the author Pamela Johnson for this great book, apart from being interesting also have very informative content. The human body has a lot of energy, and obviously the logical thing is to avoid the negative

energy, and always attract very good positive energy.

I guess the title of the book made me think there would actually be 25+ techniques, like methods of visualizations or meditations to use with Reiki. It should be called "another reiki primer" as it has the basics of what Reiki is, how to get an attunement, and what the chakras are. I don't see how "25 techniques" is in the title at all.

Enjoyed the way it was shared of how reiki can be used for yourself as well as for others. Definitely a must read.

[Download to continue reading...](#)

Reiki For Healthy Life: 25+ Techniques To Heal Yourself, Increase Your Energy And Reduce Stress: (Reiki For Beginners, Reiki Healing, Reiki Symbols, Reiki ... and relaxation, reiki techniques Book 1) Reiki For Beginners: The Complete Guide to Mastering Reiki Healing to Reduce Stress (Reiki, Chakras, Aura, Reiki Symbols, Reiki Meditation, Reiki for life) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Reiki: The Ultimate Guide: The Definitive Guide: Improve Health, Increase Energy and Feel Amazing with Reiki Healing (reiki, reiki healing, chakras, energy ... techniques, aura, reiki for beginners) REIKI: Everything You Need to Know About Reiki Healing: A Complete Guide to Essential Reiki Energy, Improve Vitality & Health (Reiki Symbols, Reiki 101, Reiki Meditation, Reiki Books) REIKI: From Beginner to Expert - Energy Healing Double Book Bundle (+Bonus!) - Ultimate Guide to Reiki Healing & Chakra Healing (Energy Healing, Chakras ... Beginners, Reiki Symbols, Chakra Balancing) Reiki: The Ultimate Guide to Mastering Reiki for Beginners in 30 minutes or Less! (Reiki - Reiki Healing - Reiki For Beginners - Yoga for Beginners - Meditation ... Beginners - Kundalini For Beginners - Zen) Reiki: For Beginners! The Essential Crash Course for Powerful Reiki Healing Techniques (Reiki Manual - Beginners Guide - Reiki Symbols - Aura - 100% Calm Mind) Crystals: Crystal Healing For Beginners, Discover The Healing Power Of Crystals And Healing Stones To Heal The Human Energy Field, Relieve Stress and Experience Instant Relaxation !-THIRD EDITION- Reiki Healing: Reiki Healing, A Beginners Guide to Healing Your Body (Reiki for Beginners, Chakra for Beginners Book 1) Reiki: 28 Incredible Beginners Tips To Supercharge Your Mind and Feel Great and Energised By Mastering The Power of Reiki (reiki, animal reiki, karuna reiki) Adrenal Fatigue: Overcome Adrenal Fatigue Syndrome, Boost Energy Levels, and Reduce Stress (Adrenal Fatigue Syndrome, Reduce Stress, Adrenal Fatigue Diet, Adrenal Reset Diet) Reiki: 50 Powerful Reiki Healing Techniques for

Improving Health - Increase Energy and Well Being Reiki: A Complete Practical Guide to Natural Energy Healing, How To - Awake Your Body And Soul, Restore Your Health And Vitality. (Reiki For Beginners, ... Techniques, Awaken Your Chackras) Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Reiki: The Comprehensive Guide - How to Increase Energy, Improve Health, and Feel Amazing with Reiki Healing Holistic Relaxation: Erase Anxiety!: Effective Natural Therapies, Stress Management Techniques, Holistic Remedies and Wellness Coaching for Busy People (Anxiety, Mindfulness, Yoga, Relaxation Book 1) Crystals: Your Beginners Guide To Crystals And Healing Stones (Power of Crystals, Healing Stones, Relieve Stress, Energy Healing) WICCA: Wicca Reiki Magic - A Beginners Guide To Wicca Spells and Reiki Healing (Wicca, Chakras, Witchcraft, Self Healing, Magic, and Crystal Healing) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing)

[Dmca](#)